



Welcome  
To  
The  
Preschool Room!

# Meet the Preschool Teachers

\*\*For the most part, our staffing is consistent. However, due to illness and/or vacation, other staff may fill in from time to time.\*\*

**{Ms. Beth}** Hello! My name is Beth Sweeney and I have been teaching at TLC since 2013. Prior to joining the TLC family, I was in the Early Childhood Field for around 15 years. Teaching is my passion, and I love planting the seeds of education and watching them grow. This is my first year as the Preschool lead teacher and I am so excited to work with your children and watch as they grow and change through this incredibly important school year. I believe in open communication between school and home and hope that you always feel comfortable coming to me in case of any concerns. I can't wait to get to know you and your child during this school year!

**{Ms. Tyleyia}** My name is Tyleyia Cassel and I have been a part of the Preschool classroom for several years now. I graduated from Pennridge High School in 2013 and started volunteering at TLC right after graduation. I was very excited to officially join the staff a couple of years later. I got my Preschool CDA Credential in 2018. I really enjoy teaching children through movement. I like to teach the kids line dances, Zumba moves, and even choreograph some of my own dance routines to share with the children. I also enjoy reading books to the kids and love to teach the kids how to play new board and card games. We have a good time playing relay races together as well! I want each child to feel encouraged to join any activity and to engage with one another. I look forward to working with you and your young learner this school year!

**{Ms. Jami}** My name is Ms. Jami and I am so excited to be joining the TLC Preschool family! I have several years of experience in the field and also hold an Associate's degree in Early Childhood. I have a young son of my own who just joined the Waddler room and we are both so excited to be here! I look forward to partnering with you and your child in their Preschool year!

# Preschool Important Information

- Backpack- We ask that every child has a backpack that they will be bringing to school and taking home every day.
- Lunch- Please provide your child with a lunch and a filled water cup every day. We will send home lunch box and water cup every day in their backpack. (label all containers and bags)
- Naptime- You are responsible for providing your child with a fitted crib sheet, blanket, and optional small stuffed animal to be used at naptime. They will be sent home every Friday to be washed and returned on Monday.
- Extra clothing- Please send in 2 extra sets of clothing (socks, underwear, tops, bottoms) in case we get messy or have an accident.
- Assessments- Your child will be assessed 3 times a year in all developmental areas, report cards will be sent home. Conferences are offered at the fall and spring assessment times.
- Communication- We will use the Teaching Strategies Tadpoles App and e-mail to communicate with families. Our class e-mail is [tlcpreschoolrocks@gmail.com](mailto:tlcpreschoolrocks@gmail.com). Every day you will receive a daily report about your child's day through the Tadpoles Parent app. It will include all of the activities we did throughout the day and some photos. We will write reminders and general/specific notes as well, it is very important that you check it out daily, we are excited to show you all the fun ways we are learning.
- Please do not send your child to school with toys. Toys are not permitted in the classroom without pre-approval from your child's teacher.
- Please avoid putting birthday invitations in cubbies if you are not inviting all boys and girls to the party. Talk to your child's teacher if you would like to arrange an alternative means of distribution when all children are not invited.
- If you know that your child will be absent, please either call the office (215) 257-6636 or leave a note on Tadpoles. Thank you!

**Please put your child's first and last name on ALL of their belongings!**

## Preschool Daily Schedule

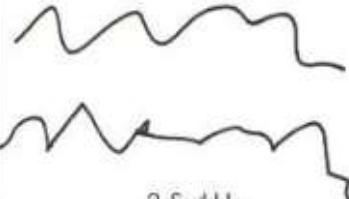
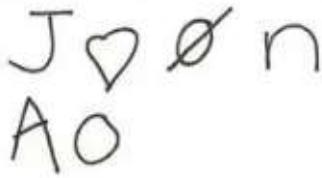
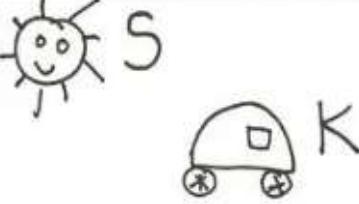
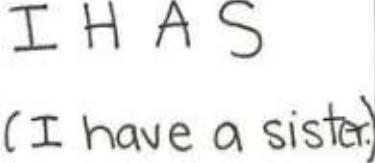
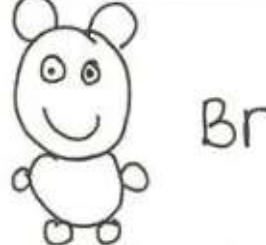
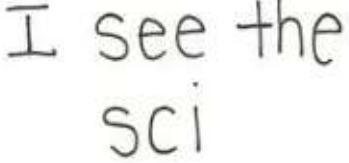
\*\*Schedule is subject to change according to the needs of the children and/or staffing needs\*\*

6:30 – 8:45	Breakfast and free play (all centers open)
8:45 – 9:00	Clean up, bathroom break, and wash hands for snack
9:00 – 9:20	Snack
9:20 – 10:00	Circle/Meeting time – read books, sing songs, finger plays, calendar, discussions about the weekly theme and our activities for the day.
10:00 – 10:45	Outside gross motor play (weather permitting). Walks, playground, races, lot, and group games.
10:45 – 11:30	Learning centers: computer, dramatic play, blocks, manipulatives, art, writing table, music, science, and library
11:30 – 11:45	Bathroom breaks and wash hands
11:45 – 12:15	Lunch
12:15 – 12:30	Quiet time and books to get ready for nap
12:30 – 2:30	Naptime. Quiet toys for children who don't nap.
2:30 – 3:00	Bathroom breaks, put nap mats away, wash hands for snack
3:00 – 3:15	Snack
3:15 – 4:00	Outdoor play
4:00 – 5:00	Free play in the classroom (all centers are open)
5:00 – 5:45	Combine in Fellowship hall for gross motor play and table activities

These are the steps a child goes through when they are learning to write. It is a  
PROCESS!

## EVOLUTION OF A CHILD'S WRITING

(Drawings are an important part of a child's writing and often a child will repeat the theme of his/her drawing on subsequent pages)

 <p>1. Scribble Stage (Starting point any place on the page)</p>	 <p>2. Scribble (Left to right progression)</p>	 <p>3. Mock Letters (Can be personal or conventional)</p>
 <p>4. Letter String (Left to right and progressively downward)</p>	 <p>5. Groups of letters with space in between to resemble words</p>	 <p>6. Picture Labeling (Matching beginning letter to sound)</p>
 <p>7. Copies Environmental Print</p>	 <p>8. Uses first letter of a word to represent the word</p>	 <p>9. Uses beginning letter and ending letter to represent the word</p>
 <p>10. Hears Medial Sounds (Writes word with beginning, medial and ending letters)</p>	 <p>11. Phrase Writing</p>	 <p>12. Whole Sentence Writing</p>

- The first few years of a child's life is full of amazing milestones. It can be difficult for parents to decide if a child is developing normally or if there are milestones that their child is missing. It's important to remember that every child develops differently and you should not compare your child's development to anyone else. This helpful resource from the CDC offers typical milestones that children reach at different ages. You can use this resource to talk with your child's doctor about any concerns you may have:  
<https://www.cdc.gov/ncbddd/actearly/milestones/milestones-3yr.html>
- Potty Training can be a difficult time in many parents' lives. It can be stressful knowing when is the right time to get started. There are many schools of thought on what is appropriate and what is not. It's important to know that each child is different and their ability to "hold it" enough to be ready for potty training varies from child to child. This helpful tool from the Mayo Clinic may be helpful in navigating this difficult topic:  
<https://www.whattoexpect.com/toddler/potty-training/how-to-start-potty-training/>

#### {Behavioral\_resources}

- Tantrums are also a normal part of being a young toddler. Children at this age often can't express themselves well. They struggle to let caregivers know how they are feeling and sometimes those big emotions spill over into a tantrum. It can be difficult as a caregiver to witness a tantrum, and we can often feel like failures because we don't know how to help our little one feel better. The most important thing to remember is to stay calm. Tantrums indicate that little ones are feeling out of control. If we lose our cool, it won't stop the tantrum and it can make it worse. These tips from Nemours Kids Health offer a great resource to help avoid and de-escalate tantrums:  
[https://kidshealth.org/en/parents/tantrums.html#:~:text=Tantrums%20may%20happen%20when%20kids,to%20give%20up%20the%20tablet\).](https://kidshealth.org/en/parents/tantrums.html#:~:text=Tantrums%20may%20happen%20when%20kids,to%20give%20up%20the%20tablet).)
- Around the age of 3, some children begin to show signs of needing to be screened for developmental delays. It can be a confusing and scary time for parents as they wonder "is this normal?". At TLC, we screen and assess our children throughout their time with us. We complete developmental assessments of each child 45 days after they begin in a new classroom. This provides a "baseline" of assessment that we use to compare against previous assessments. We also use Teaching Strategies Gold to assess children three times per school year. We compile these assessments into report cards that are distributed three times per year. We are always available for parent/teacher conferences if a concern should arise. This resource may also offer some guidelines if you become concerned about your child's development:  
<https://www.cdc.gov/ncbddd/actearly/concerned.html>

## 3 YEAR OLD DEVELOPMENT MILESTONES

What most children do by this age



SOCIAL &  
EMOTIONAL



Copies adults  
and friends



Shows concern  
for crying friend



Shows a wide  
range of emotions



LANGUAGE/  
COMMUNICATION



Talks well enough for caregivers  
to understand most of the time



Follows instructions  
with 2 or 3 steps



COGNITIVE  
DEVELOPMENT



Copies a circle with  
pencil or crayon



Does puzzles with  
3 or 4 pieces



Builds towers of  
more than 6 blocks



MOVEMENT/  
PHYSICAL  
DEVELOPMENT

How your child plays, learns, speaks, acts, and moves offers important clues about your child's development.

Developmental milestones are things most children can do by a certain age.